

2024 Annual Report



571.399.5390

info@arcofncv.org

P.O. Box 3186
Warrenton, VA 20188

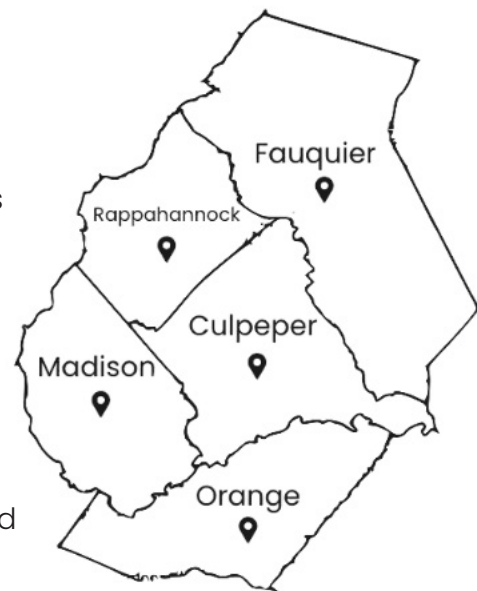
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Self-Advocate
Rebekah Willson
snuggles with her goat,
Stanley, on her family's
farm in Amisville.

Who We Are

The Arc of North Central Virginia (NCV) is a local chapter of the nation's largest community-based organization dedicated to supporting and advocating for individuals with intellectual and developmental disabilities (IDD). Serving the five-county region of Culpeper, Fauquier, Madison, Orange, and Rappahannock, The Arc of NCV is the only organization in the area focused exclusively on meeting the needs of people with IDD. We provide expert support, resources, and a wide range of programs for individuals with IDD and their families, as well as inclusive community events that foster connection and awareness. The Arc also collaborates with local businesses, organizations, and government entities to promote understanding and ensure that people with IDD are valued and integrated into every aspect of community life. All of The Arc of NCV's programs and services are offered at no cost to participants.



What We Did Together

Community Events



Arc@the Park **May 19**

This flagship annual community event features live entertainment, family friendly activities, and resources for people with IDD and their families. Held in collaboration with Culpeper Parks and Recreation at The Bright Spot Playground in Culpeper, the event is free to the public. Our 7th Annual event was the largest ever, with 500 participants. Funded by a grant from Rappahannock Electric Company and many community sponsors, the event featured nearly 25 resource booths and activities hosted by local community partners and businesses.

Pictures with Santa



December 7

New in 2024, 25 families visited with Santa on an individual basis in a sensory friendly and accessible environment. Participants also

enjoyed winter crafts and refreshments.

Arctober Craft Fair

October 19

Established as a community fundraising event at Fauquier High School, this craft fair featured 40 local small businesses and artists with IDD with 200 participants and 15 volunteers.

St. Patrick's Day Dance

March 16

This fun and inclusive St. Patrick's Day Dance was held at the Remington Lions Club. Over 175 participants and 18 event volunteers celebrated with music, dancing, and festive holiday activities. Everyone enjoyed a night of laughter, connection, and celebration in a supportive and joyful environment.



Programs for Individuals and Families

ArcConnect

This critical core service is central to our mission of walking alongside families through the highs and lows of their journeys. The Executive Director conducts expert 1-1 consultations with families to discuss their individual circumstances and needs. These connections equip families with critical information and connections to navigate the unique and complex systems of support for people with IDD. Requests include topics like locating residential placement or daily living supervision/support in the home, guidance regarding the special educational process, and options for social and recreational activities.

Arc@Home

Arc@Home monthly online events for family and residents of group homes are led by local business leaders and focus on wellness, creativity, and social connection. In 2024, participation increased an average of 20 individuals. The NPCF Kortlandt Fund supports purchase of participant activity kits supplies and leader expenses.



Community of Self-Advocates

COSA connects adults with IDD through a variety of educational, social, and leisure activities facilitated by volunteers from our local community. COSA members participated in more than 70 online activities including a group for self-advocates led by Board member, Cesar Dulanto III. The Arc of NCV collaborates with Encompass Community Supports to provide COSA programming.



Sponsored Fundraising Events

In 2024, The Arc of NCV was fortunate to have two local businesses – O'Brien's Irish Pub in Warrenton, and Tidal Wave Car Wash in Culpeper – host community fundraisers bringing the community together in support of our mission. The O'Brien's Charity Golf Tournament offered participants a day of friendly competition while raising crucial funds to support local families, sharing proceeds between The Arc



of NCV and Special Olympics. Tidal Wave Car Wash made giving back as easy as driving through for a wash, with a portion of proceeds directly benefiting our programs. Both events highlighted the power of community partnerships and the generosity of individuals who care deeply about making a difference.

Arts for All

Development for Arts for All began in 2024 in partnership with Jewell Tone Music & Art in Culpeper to support adults with IDD. Staff held two open houses in October and November



to gauge interest and input from interested participants. In January 2025, the program launched with themed music or art nights.

Summer Speaker Series

These free sessions gave parents and community members information about a variety of topics relating to IDD including developments in special education, financial planning, and Medicaid waivers.

Collaboration

disAbility Coalition



Chaired by The Arc of NCV, this coalition of more than a dozen local nonprofits meets bi-monthly to exchange information and collaborate on emerging issues affecting individuals with disabilities. The coalition serves as a community resource to support the inclusion of people with disabilities through our five-county area. The Coalition welcomed new members in 2024.

Arc Network



In partnership with other local Arc chapters, as well as the state and national Arc organizations, The Arc of NCV advocates on public policy proposals that impact people with IDD. Staff and volunteers met and collaborated with local legislators. The Arc of NCV amplifies the voices of local families and communicates about important legislative and regulatory developments.

Dear Friends,

The generosity and commitment of our donors and volunteers were key to advancing our mission in 2024. We are grateful for the local businesses and organizations who partnered with us to deliver programming and support the inclusion of people with IDD in our local communities.

In 2025, we will build on this momentum, expanding our outreach and partnerships, offering new programs for families with school age children. Improved training and ongoing support for our volunteers will ensure they are well equipped to help us expand programs and activities to serve even more families. We will expand the resources offered throughout our website, and continue to advocate for state and local policies that promote the well-being, independence, and inclusion of people with IDD.

With the ongoing support of our families and community partners, we are empowered to further enhance the lives of individuals with IDD and their families across our region, ensuring a brighter future for all.

Marilyn McCombe
Executive Director

What's Ahead for 2025

from the executive director



2024 Arc Board of Directors



Amy Hunter



Kelly Robson



Denise King



Frederique Vincent



Cesar Dulanto III



Sheri Sobkowiak

Thank You!

We would like to thank all the individuals and organizations who have supported our mission through their generous contributions and partnerships. We are especially grateful for the support of the following contributors in 2024.



PATH FOUNDATION

