

2023 Annual Report

Photo Credit: Margarita Orange Photos



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learn more (www.arcofncv.org)



Remi and his brother
Browning at their family's
farm in Culpeper. Remi
enjoys Arc@thePark where
he has performed in karate
demonstrations.

we accomplish more together

Who We Are

The Arc of North Central Virginia (NCV) is a local chapter of the nation's largest community-based organization serving and advocating for people with intellectual and developmental disabilities (IDD). Our five-county region includes Culpeper, Fauquier, Madison, Orange, and Rappahannock counties. The Arc of NCV is the only organization solely dedicated to supporting people with IDD in our area. The Arc offers expert support, resources, and programs for people with IDD and their families, as well as inclusive events for the entire community. Additionally, the Arc partners with local businesses, organizations, and governments to build awareness to ensure that people with IDD are valued and included throughout our community. All Arc of NCV programs and services are provided at no cost to participants.

In Our Five-County Area

2,000
square miles

7,500+
people with IDD

17%
children with a
developmental disability

30,000
total number of people
with disabilities

Volunteers Are Central to Our Mission

Our Board:



Left to Right: Frederique Vincent, Secretary • Kelly Robson, Vice President
Amy Hunter, President • Sheri Sobkowiak, Member

New Board Members in 2023:



Denise King
Treasurer
Owner,
King's Flooring



Cesar Dulanto III
Member
State Youth Leader
VDOE I'm
Determined
Project

Our Staff:



Marilyn McCombe
Executive Director



Gabby Spruill
Executive Assistant



Joanna Clark
Program Specialist



What We Did Together



Community Events:

Arctober Craft Fair

Fauquier High School
200 Participants
14 Volunteers

Community fundraising event including local small businesses, and featuring vendors with IDD.

Arc@the Park

The Bright Spot Playground, Culpeper
300 Participants
40 Volunteers

Annual community-wide inclusive event featuring live entertainment, family friendly activities, and resources for people with IDD and their families.



Family Programs:

ArcConnect

From walking families through the medicaid waiver process, to connecting individuals with fitness options, individualized ArcConnect consultations answer family questions, offer expert advice, and refer them to public and private resources.

Arc@Home

Arc@Home events focus on wellness, creativity, and social connection. In 2023, participation in each of our monthly online family events increased to an average of 24 individuals. Creating Zen Desktop Gardens with support from Windmill Heights Garden Center, and making Paint Poured Eggs with Paint it Orange were participant favorites.

Arc In Motion

New in 2023, these monthly meet-ups for walking and conversation at community parks are hosted by volunteers. Arc In Motion emphasizes improving fitness while connecting with Friends of the Arc in the community. With the support of additional volunteers, new fitness options are coming in 2024.



Working in Partnership:

Community of Self-Advocates



COSA connects adults with IDD through a variety of educational, social, and leisure activities facilitated by volunteers from our local community. COSA members participated in more than 70 online activities as well as a "Grooving to the 70's" dance in June. This partnership between The Arc of NCV and Encompass Community Supports will offer new in-person activities in 2024, and will also expand virtual programming.

disAbility Coalition



Chaired by The Arc of NCV, this coalition of more than a dozen local nonprofits meets bi-monthly to exchange information and collaborate on emerging issues affecting individuals with disabilities. The coalition serves as a community resource to support the inclusion of people with disabilities through our five-county area.

Advocacy



Working with other local Arc chapters, as well as the state and national Arc organizations, The Arc of NCV advocates for public policies that improve the lives of people with IDD, and represents the needs and concerns of local families. This year, extensive advocacy was required to continue allowing parents of minors to serve as their children's attendants. This policy is vital since there is a severe shortage of potential employees, and many parents are forced to give up other employment to care for their children. In addition, Governor Youngkin committed to providing DD Waiver slots to everyone on the Priority Level One Wait List. In 2024, The Arc will lobby the General Assembly to fully fund this initiative.

What's Ahead for 2024

Dear Friends,

The generosity and dedication of our supporters and volunteers fueled our progress serving people with IDD and their families in 2023. We fostered numerous partnerships with local organizations and businesses, leading to heightened community awareness, the introduction of new programs, and improved accessibility.

We will build on this collaborative foundation in 2024, extending our outreach efforts and providing more in-person activities. Our volunteer program will expand to serve more families and ensure that all volunteers have the training and ongoing support that they need. And we will continue to advocate at the state and local levels for the rights of individuals with IDD, and policies that support their well-being, independence, and inclusion.

We are delighted to share our accomplishments of the past year with you through this annual report. A strong community of support enables us to continue serving people with IDD and their families in our region.

Marilyn McCombe
Executive Director



Thank You!

We would like to thank all the individuals and organizations who have supported our mission through their generous contributions and partnerships. We are especially grateful for the support of the following contributors in 2023.

- PATH Foundation**
- Northern Piedmont Community Foundation (NPCF)**
- Kortlandt Fund from NPCF**
- UVA Community Health**
- Culpeper County**
- Rappahannock Electric Cooperative**
- Edward and Marionette Jones**
- James McCombe**
- Madeline McCombe**
- Michael Schaffer**

Arc@thePark volunteers who made the event possible

