

2022 Annual Report



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Scan to visit our website and
learn more (www.arcofncv.org)



Mark thrives while participating in Arc community events and has been a member since the very beginning.

Thank You

We would like to thank all the individuals and organizations who made this growth possible through their generous contributions. We are especially grateful for the ongoing support of the following:

PATH Foundation
Northern Piedmont Community Foundation
New River Systems Corporation
Ed and Marionette Jones

we accomplish more together

Who We Are

The Arc of North Central Virginia (NCV) is a local chapter of the nation's largest community-based organization serving and advocating for people with intellectual and developmental disabilities (IDD). In our five-county region, which includes Culpeper, Fauquier, Madison, Orange, and Rappahannock, we are the only organization solely dedicated to supporting people with IDD. The Arc offers programs and resources for individuals with IDD and their families, as well as inclusive events for the entire community. We also consult with individual families to address their specific questions and challenges. Additionally, the Arc partners with local businesses, organizations, and governments to build awareness and ensure that people with IDD are valued and included throughout our community.

In Our Five-County Area

2,000
square miles

7,500+
people with IDD

17%
children with a developmental disability

30,000
total number of people with disabilities

How We Grew

Our budget nearly doubled in 2022, which allowed us to create a second staff position. With this additional support, we were able to hold three community-wide events; Arc@thePark, the "Arc"tober Craft Fair, and the Fall Harvest Dance, as well as an online Summer Speaker Series.

new board members



Sheri Sobkowiak,
Director of Case Management,
Rappahannock Rapidan Community Services



Kelly Robson, President,
Shooting Stars, an affiliate of National Down Syndrome Society

new staff position



Christine Craddock
Administrative and Outreach Specialist



98 Alexandria Pike, Suite 41-42
Warrenton

Camille joined the Arc of NCV in 2010. She co-leads the COSA Cooking Club and participates in all Arc activities.



What We Did Together



Arc Fall Harvest Dance

NOVEMBER 18

Remington Lions Club
150 Participants
20 Volunteers

"I had just an amazing time watching these kids dance and the unbridled joy on their faces. I believe it may have been the best night of Chuck's life."
—Shirley

Arc@the Park

MAY 15

The Bright Spot, Culpeper
300 Participants • 40 Volunteers
"Mark and I thoroughly enjoyed the live music, karate demonstrations, crafts, and the opportunity to learn about so many local resources." —Lynne

"Arc"tober Craft Fair

OCTOBER 1

Fauquier High School
150 Participants
8 Volunteers

"Our first Arctober Craft fair was a great success. It was a wonderful opportunity for the community to join together and support The Arc. We look forward to making this an annual event."
—Marilyn

Dancing the Night Away!
Rebekah and Evan
at the Fall Harvest dance.



ArcConnect

We responded to 52 families with personalized consultations, information and resource referrals.

Arc@Home

We held 12 monthly Arc@Home online events related to wellness, creativity, and social connection with an average of 20 participants each.

Community of Self-Advocates

We hosted 75 online events and currently have 48 members. Through a partnership with RRCS, we provide opportunities for adults with IDD to connect through educational, social, and leisure activities facilitated by members of our local community.



disAbility Coalition

Chaired by The Arc of NCV, this coalition of a dozen local nonprofits meet bi-monthly to exchange information and collaborate on emerging issues affecting individuals with IDD.



This past year we enjoyed many successful firsts made possible as a result of the growing support of our donors, volunteers, and community partners. We were rejuvenated by the opportunities to meet in person after the uncertainty of the past three years!

In 2023, we will strengthen our organizational structure, expand our programming and outreach to families, and strengthen our community partnerships. We also expect continued growth in the number of participants in our ArcConnect, Arc@Home, and COSA programs. Planning has begun for our 2nd Annual "Arc"tober Craft Fair, 2nd Annual Fall Harvest Dance, and 6th Annual Arc@thePark! We will continue to offer online, in-person, and hybrid activities to meet the varied needs of our community.

I look forward to continuing this growth in 2023, and to ensuring The Arc of NCV is a consistent source of hope, connection, and support for people with IDD and their families in our community.



Marilyn McCombe
Executive Director



Where We're Headed

achieve with us



All of the **Arc@thePark** volunteers who made the event possible

